

ACTIVITIES: Included in entry fee

Daily:

CULTURAL CENTRE	7 am–6 pm
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MALA WALK (allow 2 hrs)	Oct–Apr 8 am
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	May–Sep 10 am
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Ranger guided walk (from Mala Carpark)

Monday to Friday:

CULTURAL CENTRE (allow 1.5 hrs)	
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Cultural or environmental presentation	10 am
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All activities subject to change without notice.

DOING YOUR LITTLE BIT: Help us look after the park

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- Do not disturb or take away sand, rocks or anything else from the park
 - Take all rubbish with you when you leave
 - Do not camp or light fires in the park
 - Stay on roads and signposted walking tracks at all times
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Commercial Filming and Photography Permits

Companies, institutions, groups or individuals wanting to film, photograph, paint, draw or record sound in the park for commercial purposes require a permit. Please contact the Media Office for further details.

uluru.media@environment.gov.au

(08) 8956 1113

*A Commonwealth Reserve

On 26 October 1985, title deeds to Uluru and Kata Tjuta were handed back to Anangu traditional owners who then leased the land to the federal government for 99 years. Since then, Anangu have been working together with the Director of National Parks to jointly manage this Commonwealth Reserve. During this time, the park has been World Heritage listed twice for its outstanding natural values and as a living cultural landscape. To protect the park's natural and cultural significance, rangers enforce the *Environmental Protection and Biodiversity Conservation (EPBC) Act*, and on-the-spot fines can apply.

SAFETY INFORMATION: Don't risk your life



Emergency radio alarm to contact rangers during park opening times – see maps for locations.



Stay on the marked tracks at all times.



Always walk with another person.



Carry and drink one litre of water for every hour you walk.



Wear sturdy, rubber-soled boots or shoes, a hat with a secure strap, a long sleeve shirt and maximum protection sunscreen.



In hot weather walk in the coolest part of the day only.



Do not climb or do a strenuous walk if you have high or low blood pressure, heart problems, breathing problems, a fear of heights, or if you are not reasonably fit.



Do not try to retrieve things that have dropped or blown away from the climbing track on Uluru.



Do not drink alcohol or eat a large meal before you walk.



Obey all safety directions, notices and warning signs.



Heart attack or angina

SIGNS AND SYMPTOMS • severe chest pain • acute shortness of breath • pale, cold, clammy skin • nausea and/or vomiting
MANAGEMENT • rest immediately in a sitting position • loosen restrictive clothing • if thirsty, sip water slowly • seek medical help urgently



Heat exhaustion

SIGNS AND SYMPTOMS • pale, hot, clammy skin • thirst • dizziness and nausea • rapid breathing • headache, profuse sweating
MANAGEMENT • rest in shade • cool down • sponge the patient down with cold water • sip water slowly • seek medical help urgently

VISITOR ESSENTIALS

Pukulpa pitjama Ananguku ngurakutu
Welcome to *Anangu* land

Uluru–Kata Tjuta National Park

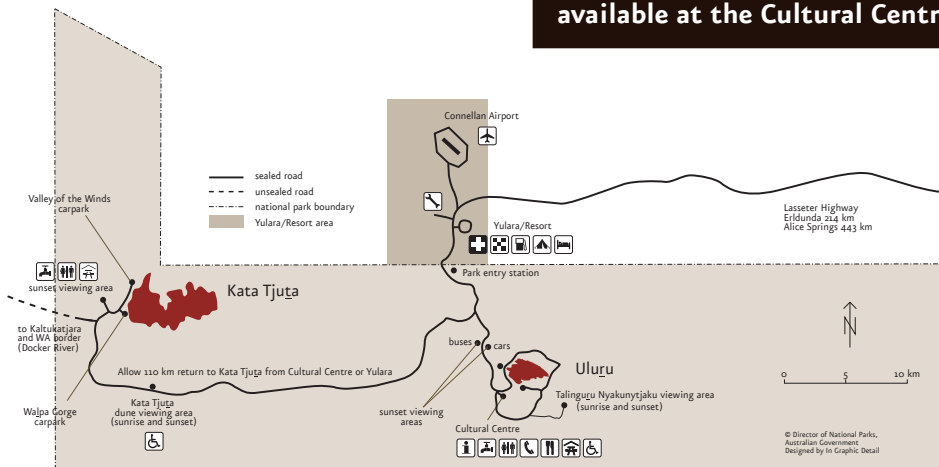
A Commonwealth Reserve*



Australian Government
Director of National Parks

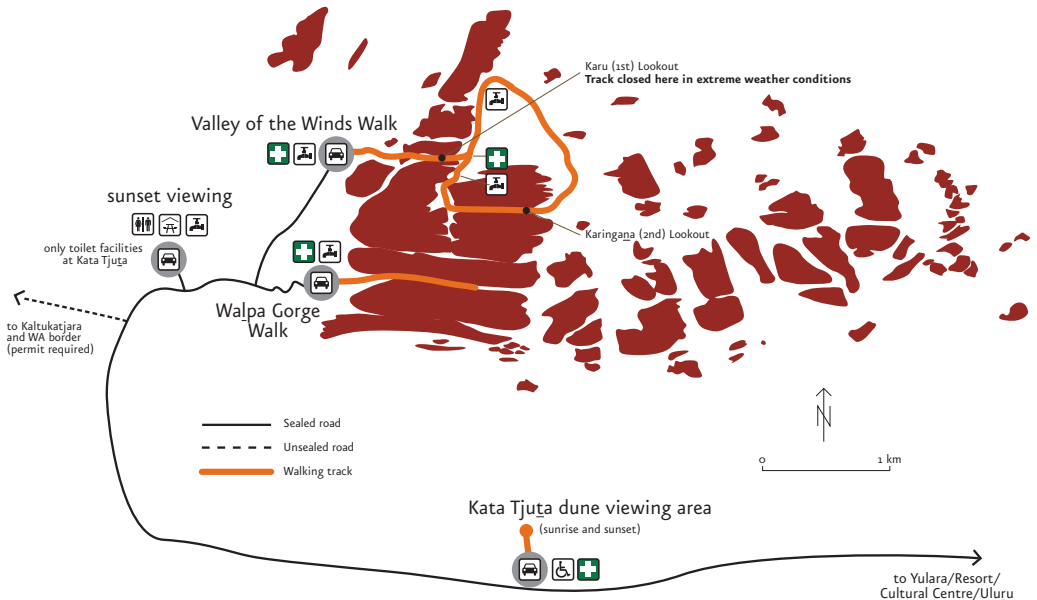


Comprehensive VISITOR GUIDE
available at the Cultural Centre



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Designed by In Graphic Detail

Kata Tjuta



- Drinking water
- Picnic area
- Toilets
- Emergency radio alarm

If you feel ill or have been injured, stay where you are and tell someone to contact a park ranger. Rangers can be contacted within park opening times by using one of the emergency radio alarms.

VALLEY OF THE WINDS WARNING

Please be aware that the walk is steep, rocky and difficult in places. For safety reasons this walk is closed under the following circumstances:

- Forecast temperature of 36°C or above
- Actual temperature reaches 36°C or above
- Rescue operations.

The park closes overnight. Visitors will need to be outside the park boundary one hour after sunset (the park boundary is 45 minutes drive from Kata Tjuta). Seasonal times are available in the VISITOR GUIDE.

WALKS

Kata Tjuta Dune Viewing Walk

1.2 km return, 30 mins, wheelchair access

Walpa Gorge Walk

2.6 km return, 1 hr, moderate

Valley of the Winds Walk

Full circuit: 7.4 km, 3 hrs, difficult in places

Karu (1st) Lookout: 2.2 km return, 1 hr, moderate – loose rocks

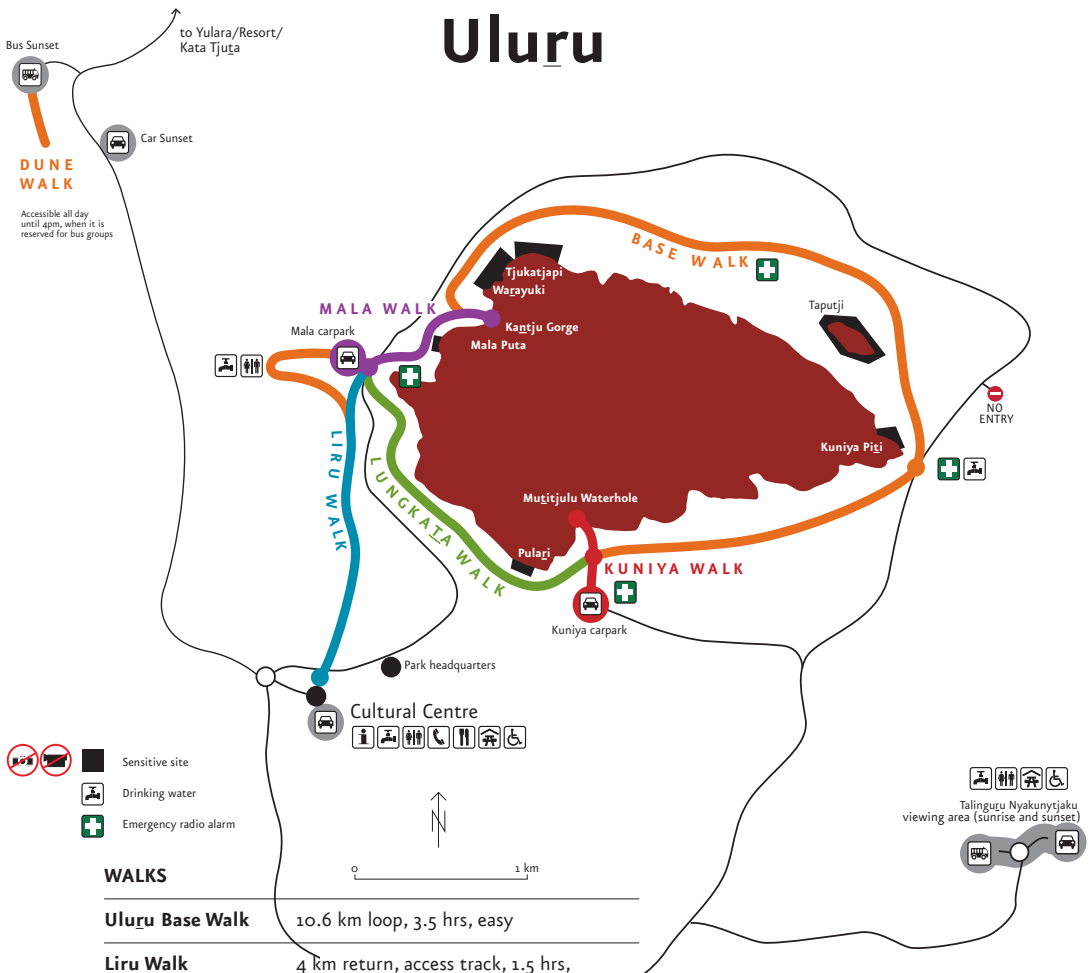
Karingana (2nd) Lookout: 5.4 km return, 2.5 hrs, difficult – climbing in places

Sunset viewing area wheelchair access

Kata Tjuta is a Pitjantjatjara word meaning 'many heads'. The 36 steep-sided domes of Kata Tjuta lie about 32 kilometres west of Uluru – 50 kilometres by road (allow 110 km return).

This area is important and sacred under Tjukurpa and Anangu men's law. To maintain Tjukurpa, details of the stories and access to some areas are restricted to certain authorised individuals. You are encouraged to visit this place but as with all areas of the park, please stay on the marked tracks.

Uluru



WALKS

Uluru Base Walk	10.6 km loop, 3.5 hrs, easy
Liru Walk	4 km return, access track, 1.5 hrs, wheelchair access
Mala Walk	2 km return, 1.5 hrs, wheelchair access
Lungkata Walk	4 km return, 1.5 hrs, easy
Kuniya Walk	1 km return, 45 mins, wheelchair access

PLEASE DON'T CLIMB ULURU: What the traditional owners say

Traditionally we have a responsibility to teach and safeguard visitors to our land. The climb can be dangerous and over 35 people have died while attempting to climb Uluru. We feel great sadness when a person dies or is hurt on our land.

When you visit the Cultural Centre you will learn more about the significance of Uluru in our culture.

ULURU CLIMB WARNING

The climb is physically demanding. Do not attempt it if you have high or low blood pressure, heart problems, breathing problems, a fear of heights, or if you are not reasonably fit.

The climb is closed during adverse weather conditions, and when rescue operations are in progress. It may also be closed at short notice if the traditional owners request it for cultural reasons, for example during a period of mourning.